

# Client Information Sheet

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Dr Mike Barry  
Clinical Psychologist  
4/21 Colbee Court  
PHILLIP ACT 2606  
Tel: 0402 676 369

[www.mikebarrypsychology.com.au](http://www.mikebarrypsychology.com.au)  
Postal: PO Box 222, KIPPAX ACT 2615

## About

I am a private clinical psychologist providing psychological services to the Canberra community. I registered with the Psychology Board of Australia (PBA) and hold PBA Area of Practice Endorsement as a Clinical Psychologist.

I am registered with Medicare as a provider of Clinical Psychology Services, with the Department of Veteran's Affairs (DVA) to provide psychology services to eligible veterans, and with NSW Workcover as a clinical psychology provider.

## Clinical Services

Treatment is provided for depression, anxiety and stress, phobias and personality disorders, and I specialise in the treatment of Post-Traumatic Stress Disorder (PTSD) and other trauma related illness.

I work primarily from a Cognitive Behavioural Therapy (CBT), and Acceptance and Commitment Therapy (ACT) orientation, and employ a mindfulness based approach to my practice.

In addition, I use Trauma-Focussed CBT, Schema Therapy and other trauma focussed approaches for the treatment of Post-Traumatic Stress Disorder (PTSD) and complex trauma. In my clinical practice, I focus on the treatment of adults and young people and also have broad experience working with military, veterans and emergency service personnel.

## Other Services

Medico-legal assessment services are available for compensation and legal purposes.

Clients requiring a medico-legal assessment are normally referred through an insurance company or their solicitor, but may self-refer.

I can also provide peer supervision to registered and clinical psychologists.

## Appointments

Psychological services are currently available on Wednesday and Thursday at 4/21 Colbee Court, Phillip. I am also available to conduct medico-legal assessments by arrangement.

## Location and Contact

As reception services are not always available, you may leave a message at the clinic but there may be a delay in returning your call. The easiest way to contact me is by mobile or email.

### Mobile

0402 676 369

### Email

[mike@mikebarrypsychology.com.au](mailto:mike@mikebarrypsychology.com.au)

First Floor, Suite 4  
21 Colbee Court (East)  
PHILLIP ACT 2606

**Tel:** 0402 676 369  
**Fax:** (02) 6162 2571



## Fees & Rebates

### Consultation Fees

Fees are charged to private clients as per the following discounted rates. These fees are significantly below those recommended by the Australian Psychological Society (APS), which are currently set at \$228. These fees cover your session time, brief additional phone consultations, referral calls, consultation with referring doctors and other health professionals and general correspondence. Treatment services do not attract GST. Fees for psychological reports are charged as per the details on the next page.

Fees for a standard 55 minute session are:

**Standard consultation:** \$185      **Concession:** \$150

Concession fees apply to self-funded full time students, holders of pension or health care card, young people aged 17 and under, and by arrangement.

### Rebates

A Medicare rebate is available on eligible sessions for clients with a Mental Health Care Plan (MHCP). **This rebate is currently \$124.50.**

Under the current Medicare rebate scheme, clients are currently eligible to receive a rebate for up to 10 sessions under a MHCP per calendar year. The number of sessions you are eligible for is determined by your referring practitioner.

Clients wishing to utilise the Medicare rebate need to have a MHCP and be referred by a GP or Psychiatrist. Alternatively if you have private health insurance you may be able to access a rebate through your fund. Please check with your private health fund to confirm any rebates available to you. You are not able to claim both a Medicare rebate and a private health fund rebate for the same session.

### Payment

Payment is required at the end of your consultation, and may be made using EFTPOS or credit card, as well as by cash or cheque. A HICAPS merchant facility is available to allow clients to claim their Medicare or Private Health Fund rebate at the time of payment.

If your fees are being paid by a third-party, you will be asked to provide details and verification at your first session. If your condition is currently under consideration for compensation, then you are responsible for payments until such time as your claim is approved. In most cases, you will then be able to reclaim this amount from the body providing compensation.

## **Psychological Reports**

Psychological reports are charged according to the APS Schedule of Fees and Charges, and attract a GST component. Clients requiring a medico-legal assessment are normally referred through their solicitor or insurance company, but may self-refer.

## **Telephone consultations**

In certain circumstances, such as if you live in a remote area, or are temporarily interstate, it may be possible to conduct a treatment session using Skype or by phone. In these cases, normal session fees apply but you may not be able to access a Medicare Rebate.

## **Cancellation policy**

If you are unable to keep a scheduled appointment, please let me know at least one business day (24 hours) in advance, in which case no cancellation fee is payable.

Cancellation fees are currently set at 50 percent of the scheduled fee if you cancel within 24 hours of the appointment, and the full fee is payable if you fail to attend an appointment without prior notice or cancel on the day of the appointment. You will not be charged a cancellation fee if I am able to reallocate your session to a client on the waiting list.

You can provide notice that you are unable to attend your appointment by calling and leaving a message on 0402 676 369, or by sending an email to [mike@mikebarrypsychology.com.au](mailto:mike@mikebarrypsychology.com.au).

## **Out of hours contact**

My mobile will divert to a message bank outside of normal business hours. Clients are advised that if they wish to contact me by mobile or by email outside of business hours, there may be a delay in me being able to respond. It may be more appropriate therefore to contact the Mental Health Crisis Team, or your GP, in the case of an emergency outside business hours.

## **Useful Contact Numbers:**

Mental Health Crisis Team (ACT): 1800 629 354

Queanbeyan Mental Health Service: (02) 6297 7800

Lifeline: 13 11 14

## Confidentiality

Information is collected about you as part of the assessment and treatment process, and it is important that you are able to trust that your privacy is protected. As such, all disclosures and information is considered confidential between you and your therapist. Session notes are secured in accordance with APS Ethical guidelines.

Exceptions to confidentiality:

- **Risk of harm.** Where you disclose information which gives concern for your physical safety, or that of others. In these circumstances, psychologists are legally obliged to take action which may include contacting your referring GP or psychiatrist, the Mental Health Crisis Team in your area, or, in extreme emergencies, the ACT or NSW police.
- **Third party assessment.** Where you have been referred for assessment by a third party, such as a solicitor, the court, an insurer or your employer, you will be asked to provide signed consent for disclosure of the assessment report to the referring agency.
- **Child protection.** Where there is reason to suspect the possible abuse of a child. In this case psychologists are legally required to notify the appropriate authorities.
- **Subpoena.** In the event that clinical notes are subpoenaed by a court.
- **Specialist health care.** When there is a need to liaise with another health professional, such as a psychiatrist or clinical neuropsychologist with respect to providing you with additional, or specialist care. This would occur in consultation with you, and in these cases you will be asked to provide signed consent for this disclosure.

If you have any questions, please feel free to contact me and seek clarification.

*Mike Barry*

Dr Mike Barry, PhD (Clin Psych)  
MAPS, CCLIN  
Clinical Psychologist  
[mike@mikebarrypsychology.com.au](mailto:mike@mikebarrypsychology.com.au)

Please sign below and bring this information sheet with you to your first appointment.

*I have read and understood the information contained in this information sheet.*

Signed .....

Date .....