

# Client Information Sheet and Consent Form

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Dr Mike Barry  
Clinical Psychologist  
4/21 Colbee Court  
PHILLIP ACT 2606  
Tel: 0402 676 369

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Postal: PO Box 222, KIPPAX ACT 2615

## About

I am a private clinical psychologist providing psychological services to the Canberra community. I am registered with the Psychology Board of Australia (PBA) and hold PBA Area of Practice Endorsement as a Clinical Psychologist.

I am registered with Medicare as a provider of Clinical Psychology Services, with Garrison Health Services to provide services to Defence personnel, with the Department of Veteran's Affairs (DVA) to provide psychology services to eligible veterans, and with NSW Workcover as a clinical psychology provider.

## Clinical Services

Treatment is provided for depression, anxiety and stress, phobias and personality disorders, and I specialise in the treatment of Post-Traumatic Stress Disorder (PTSD) and other trauma related illness.

I work primarily from a Cognitive Behavioural Therapy (CBT), and Acceptance and Commitment Therapy (ACT) orientation, and employ a mindfulness based approach to my practice.

In addition, I use Trauma-Focussed CBT, Schema Therapy and Eye Movement Desensitisation and Reprocessing (EMDR) for the treatment of Post-Traumatic Stress Disorder (PTSD) and complex trauma. In my clinical practice, I focus on the treatment of adults and also have broad experience working with military, veterans and emergency service personnel.

## Other Services

Medico-legal assessment services are available for compensation and legal purposes.

Clients requiring a medico-legal assessment are normally referred through an insurance company or their solicitor, but may self-refer.

I can also provide peer supervision to registered and clinical psychologists and am registered as a supervisor for post-graduate students undertaking clinical placements as part of their training in clinical psychology, and for Clinical Psychology Registrars.

## Appointments

Psychological services are currently available on Tuesday and Wednesday at 4/21 Colbee Court, Phillip. I am also available to conduct medico-legal assessments by arrangement.

## Location and Contact

As reception services are not always available, you may leave a message at the clinic but there may be a delay in returning your call. The easiest way to contact me is by mobile or email.

### Mobile

0402 676 369

### Email

[mike@mikebarrypsychology.com.au](mailto:mike@mikebarrypsychology.com.au)

First Floor, Suite 4  
21 Colbee Court (East)  
PHILLIP ACT 2606

**Tel:** 0402 676 369  
**Fax:** (02) 6162 2571



## Social Media

In accordance with APS guidelines, I do not use social media such as Facebook or Linked-In to contact or maintain contact with clients.

## Fees & Rebates

### Consultation Fees

Fees are charged to private clients as per the following discounted rates. These fees are significantly below those recommended by the Australian Psychological Society (APS), which are currently set at \$238. These fees cover your session time, brief additional phone consultations, referral calls, consultation with referring doctors and other health professionals and general correspondence. Treatment services do not attract GST. Fees for psychological reports are charged as per the details on the next page.

Fees for a standard 50 minute session are:

**Standard consultation:** \$190      **Concession:** \$150

Concession fees apply to self-funded full time students, holders of pension or health care card, young people aged 17 and under, and by arrangement.

### Rebates

A Medicare rebate is available on eligible sessions for clients with a Mental Health Care Plan (MHCP). **This rebate is currently \$124.50.**

Under the current Medicare rebate scheme, clients are currently eligible to receive a rebate for up to 10 sessions under a MHCP per calendar year. The number of sessions you are eligible for is determined by your referring practitioner.

Clients wishing to utilise the Medicare rebate need to have a MHCP and be referred by a GP or Psychiatrist. Alternatively if you have private health insurance you may be able to access a rebate through your fund. Please check with your private health fund to confirm any rebates available to you. You are not able to claim both a Medicare rebate and a private health fund rebate for the same session.

### Payment

Payment is required at the end of your consultation, and may be made using EFTPOS or credit card, as well as by cash or cheque. A HICAPS merchant facility is available to allow clients to claim their Medicare or Private Health Fund rebate at the time of payment.

If your fees are being paid by a third-party, you will be asked to provide details and verification at your first session. If your condition is currently under consideration for compensation, then you are responsible for payments until such time as your claim is approved. In most cases, you will then be able to reclaim this amount from the body providing compensation.

## **Psychological Reports**

Psychological reports are charged according to the APS Schedule of Fees and Charges, and attract a GST component. Clients requiring a medico-legal assessment are normally referred through their solicitor or insurance company, but may self-refer.

## **Telephone consultations**

In certain circumstances, such as if you live in a remote area, or are temporarily interstate, it may be possible to conduct a treatment session using Facetime or by phone. In these cases, normal session fees apply but you may not be able to access a Medicare Rebate.

## **Cancellation policy**

SMS reminders for appointments are sent to clients at the start of each week. If you are unable to keep a scheduled appointment, please let me know at least one business day (24 hours) in advance, in which case no cancellation fee is payable.

Cancellation fees are currently set at 50 percent of the scheduled fee if you cancel within 24 hours of the appointment, and the full fee is payable if you fail to attend an appointment without prior notice or cancel on the day of the appointment. You will not be charged a cancellation fee if I am able to reallocate your session to a client on the waiting list.

You can provide notice that you are unable to attend your appointment by calling and leaving a message on 0402 676 369, or by sending an email to [mike@mikebarrypsychology.com.au](mailto:mike@mikebarrypsychology.com.au).

## **Out of hours contact**

My mobile will divert to a message bank outside of normal business hours. Clients are advised that if they wish to contact me by mobile or by email outside of business hours, there may be a delay in me being able to respond. It may be more appropriate therefore to contact the Mental Health Crisis Team, or your GP, in the case of an emergency outside business hours.

## **Useful Contact Numbers:**

Mental Health Crisis Team (ACT): 1800 629 354

Queanbeyan Mental Health Service: (02) 6297 7800

Lifeline: 13 11 14

*Mike Barry*

Dr Mike Barry, PhD (Clin Psych)

MAPS, MCCLP

Clinical Psychologist

[mike@mikebarrypsychology.com.au](mailto:mike@mikebarrypsychology.com.au)

## Consent Form

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### Psychological service

As part of providing a psychological service to you, I need to collect and record personal information from you that is relevant to your situation, such as your name, contact information, medical history and other relevant information.

This collection of personal information will be a necessary part of the psychological assessment and treatment that is conducted.

### Purpose of collecting and holding information

Your personal information is gathered as part of your assessment and treatment, is kept securely and, in the interests of your privacy, used only by your psychologist and the authorised personnel of the practice (as necessary). Your personal information is retained in order to document what happens during sessions, and enables the psychologist to provide a relevant and informed psychological service to you.

### Disclosure of personal information

Information is collected about you as part of the assessment and treatment process, and it is important that you are able to trust that your privacy is protected. As such, all disclosures and information is considered confidential between you and your therapist. Session notes are secured in accordance with APS Ethical guidelines. I am however, required by Medicare to report on your attendance and progress to your referring GP if you are referred under a Mental Health Care Plan.

All personal information gathered by the psychologist during the provision of the psychological service will not be disclosed except when:

1. it is subpoenaed by a court; or
2. failure to disclose the information would in the reasonable belief of the psychologist place you or another person at serious risk to life, health or safety; or
3. your prior approval has been obtained to
  - a) provide a written report to another professional or agency. e.g., a GP or a lawyer; or
  - b) discuss the material with another person, eg. a parent, employer or health provider; or
  - c) disclose the information in another way; or
4. you would reasonably expect your personal information to be disclosed to another professional or agency (e.g. your GP) and disclosure of your personal information to that third party is for a purpose which is directly related to the primary purpose for which your personal information was collected; or
5. disclosure is otherwise required or authorised by law.

**Consequence of not providing personal information**

If you do not wish for your personal information to be collected in a way anticipated by this letter or the Privacy Policy, Dr Barry may not be in a position to provide the psychological service to you. You may request to be anonymous or to use a pseudonym, unless it is impracticable for me to deal with you or if I am required or authorised by law to deal with identified individuals. In most cases it will not be possible for you to be anonymous or to use a pseudonym, however if I agree to you being anonymous or using a pseudonym, you must pay consultation fees at the time of the appointment.

**Access to client information**

At any stage you are entitled to access your personal information kept on file, subject to exceptions in the relevant legislation. The psychologist may discuss with you different possible forms of access.

Your personal information is not disclosed to overseas recipients, unless you consent or such disclosure is otherwise required by law. Your personal information will not be used, sold, rented or disclosed for any other purpose.

If you have any questions, please feel free to contact me and seek clarification.

I, (print your name in Block Capitals).....,

have read and understood this Consent Form. I agree to the above conditions for the psychological service provided by Dr Barry.

Signed: .....

Date: ...../...../.....